



CHEER!

Please review the 2022-2023 calendar in its entirety. The calendar will be updated throughout the year as athletic schedules are released. If you have any questions, please contact Coach Anderson at canderson01@ems-isd.net.

Key			
	No School		Games + Rallies
	Team Dinners		Meetings
	Fundraisers		Competitions + Special Performances

MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 TRYOUT PREP PRACTICE 3:30pm-5:30pm	2 Completed Tryout Packets DUE by 4:30pm	3 TRYOUT PREP PRACTICE 3:30pm-5:30pm	4	5
6	7 Tryout Clinic 4:30-6:30pm SHS Cheer Gym	8 Tryout Clinic 4:30-6:30pm SHS Cheer Gym	9 Tryout Clinic 4:30-6:30pm SHS Cheer Gym Mod Pizza Spirit Night! 5pm-9pm	10 Tryout Clinic 4:30-6:30pm SHS Cheer Gym	11 Tryouts 4:30-8:30pm SHS Cheer Gym	12
13	14 Spring Break	15 Happy Birthday Kamilah! Happy Birthday Lakpa!	16 Spring Break	17 Spring Break	18 Spring Break	19 Happy Birthday Alaina! Happy Birthday Coryn!
20	21	22	23	24	25	26 Happy Birthday DJ!
27	28	29 2022-2023 Cheer Made-It-Meeting @ 6:00pm in B115 <u>[1st Payment Due \$400]</u>	30 Varsity Practice 3:30pm-5:30pm Chic Fil A Saginaw Spirit Night! 5pm-8pm	31 Uniform Fittings @ SHS Cheer Gym 3:30pm-5:00pm	1	2



APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 Chipotle Blue Mound Spirit Night! 5pm-9pm	5 Stunt Clinic 4:30pm-6:30pm	6	7	8	9
10	11	12 Spring Show Choreography 4:30pm-6:30pm Booster Club Meeting 6:30pm-7:30pm <u>[2nd Payment Due]</u>	13	14 All-Squad Practice 4:30pm-6:30pm	15	16
17	18	19 All-Squad Practice 4:30pm-6:30pm	20	21 All-Squad Practice 4:30pm-6:30pm	22 <i>Happy Birthday Kylee!</i>	23
24	25 Varsity Practice 7:15am-8:30am	26 All-Squad Practice 4:30pm-6:30pm Abby's Makeup Tutorial!	27	28 All-Squad Practice 4:30pm-6:30pm	29 Spring Show 6:00pm-8:30pm	30 Spring Show 6:00pm-8:30pm

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Teacher Appreciation Week <i>Happy Birthday Coach Anderson!</i>	3 All-Squad Practice 4:30pm-6:30pm	4 <i>Happy Birthday Lily! Happy Birthday Avery!</i>	5 All-Squad Practice 4:30pm-6:30pm	6 →	7
8	9 <i>Happy Birthday Sania!</i>	10 All-Squad Practice 4:30pm-6:30pm Booster Club Meeting 6:30pm-7:30pm <u>[Final Payment Due]</u>	11 All-Squad Practice 4:30pm-6:30pm	12	13	14
15	16	17 National Signing Day! – 8 th Period All-Squad Practice 4:30pm-6:30pm	18 <i>Happy Birthday Citlali!</i>	19 All-Squad Practice 4:30pm-6:30pm	20	21
22	23	24	25 <i>Happy Birthday Ibi!</i>	26	27 Last Day of School 2021-2022	28 Graduation 2021-2022


JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Memorial Day 	31 Work Week All Squad Practice 8:30am-12:30pm	1 Work Week All Squad Practice 8:30am-12:30pm <i>Happy Birthday Bailee!</i>	2 Work Week All Squad Practice 8:30am-12:30pm	3 Work Week All Squad Practice 8:30am-12:30pm	4 All Squad Summer Splash Bash! 1pm-4pm @ Kamilah's 
5	6	7	8 UCA Cheer Camp @ TCU	9 UCA Cheer Camp @ TCU	10 UCA Cheer Camp @ TCU	11 UCA Cheer Camp @ TCU
12	13	14	15	16	17	18
AT-HOME SUMMER CONDITIONING						
19	20	21 All Squad Practice 8:30am-12:30pm [Pep Rally #1]	22 All Squad Practice 8:30am-12:30pm	23 All Squad Practice 8:30am-12:30pm [Pep Rally #2]	24	25
26	27	28	29	30	1	2
AT-HOME SUMMER CONDITIONING						

JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 Happy 4 th of July! 	AT-HOME SUMMER CONDITIONING				9
10	11	12 All Squad Practice 8:30am-12:30pm [Pep Rally #3]	13 All Squad Practice 8:30am-12:30pm	14 All Squad Practice 8:30am-12:30pm [Pep Rally #4]	15 Happy Birthday Jaidyn!	16
17	18	AT-HOME SUMMER CONDITIONING				23 SHS Cheer Booster Car Wash Fundraiser 10:00am-12:00pm
24	25	26 SHS Junior Rider Cheer Camp 8:30am-12:30pm	27 SHS Junior Rider Cheer Camp 8:30am-12:30pm	28 SHS Junior Rider Cheer Camp 8:30am-12:30pm	29	30

AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>Happy Birthday Lauren!</i>	1 New Teacher Celebration @ CTHS 8:15am-9:30am <i>Happy Birthday Sammie!</i>	2	3 BTS Teacher Welcome @ SHS 8:00am-9:00am	4 <i>Happy Birthday Caysie!</i>	5	6 BTS Backpack Bash @ HCTC 8:00am-10:30am Football Pictures 4:30pm-5:30pm
7	8	9 All-Squad Cheer Pictures @ SHS 10:00am-12:00pm Competition Choreography 4:30pm-6:30pm	10 Competition Choreography 4:30pm-6:30pm	11 Competition Choreography 4:30pm-6:30pm	12 Rough Rider Rally Scrimmage Saginaw vs. Western Hills	13 SHS Cheer Booster Club Family Potluck 12:00pm-3:00pm <i>Happy Birthday Hannah!</i>
14 <i>Happy Birthday Stephanie!</i>	15 Happy First Day of School Rough Riders! 	16 All Squad Practice 8 th Period – 5:30pm	17 All Squad Practice 8 th Period – 5:30pm	18 JV Practice 8 th Period-5:30pm Varsity Scrimmage 5:45pm-10:00pm	19 Competition Practice 8 th Period	20
21 <i>Happy Birthday Brendan!</i>	22 Competition Practice 8 th Period	23 All Squad Practice 8 th Period – 5:30pm	24 All Squad Practice 8 th Period – 5:30pm	25 Varsity Practice 8 th Period – 5:30pm JV Football 5:00pm-8:00pm	26 JV Practice 8 th Period @ Boswell HS 5:30pm-10:00pm	27
28	29 Competition Practice 8 th Period	30 All Squad Practice 8 th Period – 5:30pm	31 All Squad Practice 8 th Period – 5:30pm	1 Varsity Practice 8 th Period – 5:30pm 9th Football 5:00pm-9:00pm	2 Pep Rally #1 Vs. Northside HS 5:45pm-10:00pm (Senior Night)	3

SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6 <i>Happy Birthday Myah!</i>	7 All Squad Practice 8 th Period – 5:30pm <i>Happy Birthday Ashlyn!</i>	8 Varsity Practice 8 th Period – 5:30pm 9 th Football 5:00pm-9:00pm	9 Pep Rally #2 Vs. Burleson Centennial HS 5:45pm-10:00pm	10 SHS Cheer Car Wash 9:00am-12:00pm
11	12 Competition Practice 8 th Period	13 All Squad Practice 8 th Period – 5:30pm Booster Club Meeting 6:30pm-7:30pm	14 Varsity Practice 8 th Period – 5:30pm JV Football 5:00pm-8:00pm	15 JV Practice 8 th Period Varsity @ Denton Ryan HS 5:00pm-10:00pm	16 Competition Practice 8 th Period	17
18	19 Competition Practice 8 th Period	20 All Squad Practice 8 th Period – 5:30pm	21 All Squad Practice 8 th Period – 5:30pm	22 Varsity Practice 8 th Period – 5:30pm 9 th Football 5:00pm-9:00pm	23 Pep Rally #3 Vs. Aledo HS 5:30pm-10:00pm	24 Texas Motor Speedway Fundraiser
25	26 Competition Practice 8 th Period	27 All Squad Practice 8 th Period – 5:30pm	28 All Squad Practice 8 th Period – 5:30pm	29 Varsity Practice 8 th Period – 5:30pm JV Football 5:00pm-8:00pm	30 JV Practice 8 th Period @ Brewer HS 5:30pm-10:00pm	1

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Competition Practice 8 th Period	4 All Squad Practice 8 th Period – 5:30pm	5 All Squad Practice 8 th Period – 5:30pm Homecoming Carnival & Pep Rally	6 Varsity Practice 8 th Period – 5:30pm 9 th Football 5:00pm-9:00pm <i>Happy Birthday Loryn!</i>	7 JV Practice 8 th Period Vs. Northwest HS 5:30pm-10:00pm	8
9	10	11 Booster Club Meeting 6:30pm-7:30pm	12 All Squad Practice 8 th Period – 5:30pm	13 Varsity Practice 8 th Period – 5:30pm JV Football 5:00pm-8:00pm	14 JV Practice 8 th Period @ Azle HS 5:30pm-10:00pm	15 Sponsor Saturday! 9:00am-12:00pm
16	17 All Squad Practice 8 th Period	18 All Squad Practice 8 th Period – 5:30pm	19 All Squad Practice 8 th Period – 5:30pm	20 All Squad Practice 8 th Period – 5:30pm	21 Rough Rider Volleyball vs. Granbury Varsity @ 5:30pm	22 Fall Junior Rider Cheer Clinic 8:30am-12:30pm
23	24 All Squad Practice 8 th Period	25 All Squad Practice 8 th Period – 5:30pm	26 All Squad Practice 8 th Period TRUNK OR TREAT 5:30PM-7:30OM <i>Happy Birthday Alyssa!</i>	27 Varsity Practice 8 th Period – 5:30pm 9 th Football 5:00pm-9:00pm	28 Pep Rally #5 Vs. The Colony HS 5:30pm-10:00pm	29
30	31 All Squad Practice 8 th Period Happy Halloween!	1 All Squad Practice 8 th Period – 5:30pm	2 All Squad Practice 8 th Period – 5:30pm	3 Varsity Practice 8 th Period – 5:30pm JV Football 5:00pm-8:00pm	4 JV Practice 8 th Period @ South Hills HS 5:30pm-10:00pm	5



NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 <i>Happy Birthday Faylinn!</i>	7 All Squad Practice 8 th Period	8 Competition Practice 8 th Period 9 th /JV Girls Basketball 5:00pm/6:30pm Varsity Girls Basketball 8:00pm	9 All Squad Practice 8 th Period – 5:30pm	10 All Squad Practice 8 th Period – 5:30pm	11 All Squad Practice 8 th Period	12 Parents Night Out Presented by Rough Rider Cheer 5pm-9pm
13	14 All Squad Practice 8 th Period	15 All Squad Practice 8 th Period – 5:30pm Booster Club Meeting 6:30pm-7:30pm	16 All Squad Practice 8 th Period – 5:30pm	17 All Squad Practice 8 th Period – 5:30pm	18 All Squad Practice 8 th Period 9 th /JV Boys Basketball 5:00/6:30pm Varsity Boys Basketball 8:00pm	19 EMS Cheer Showoff (Comp Team) @ CTHS 3:00pm
20 UCA NTX REGIONAL COMPETITION	21 FALL BREAK	22 FALL BREAK	23 FALL BREAK	24 FALL BREAK	25 FALL BREAK	26
27	28 All Squad Practice 8 th Period	29 All Squad Practice 8 th Period – 5:30pm	30 All Squad Practice 8 th Period – 5:30pm	1 All Squad Practice 8 th Period – 5:30pm	2 All Squad Practice 8 th Period	3

DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5 All Squad Practice 8 th Period	6 All Squad Practice 8 th Period JV Girls/Boys Basketball 5:00pm/6:30pm Varsity Basketball Girls 6:30pm Boys 8:00pm	7 All Squad Practice 8 th Period – 5:30pm	8 All Squad Practice 8 th Period – 5:30pm	9 All Squad Practice 8 th Period	10 Junior Rider Cheer Clinic Grades 4-8 8:30am-12:30pm
11	12 All Squad Practice 8 th Period	13 All Squad Practice 8 th Period – 5:30pm Booster Club Meeting 6:30pm-7:30pm	14 All Squad Practice 8 th Period – 5:30pm	15 All Squad Practice 8 th Period – 5:30pm	16 All Squad Practice 8 th Period 9 th /JV Boys Basketball 5:00/6:15pm Varsity Boys Basketball 7:30pm <i>Boys Senior Night</i>	17
18	19 WINTER BREAK	20 WINTER BREAK	21 WINTER BREAK	22 WINTER BREAK	23 WINTER BREAK	24
25	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK	30 WINTER BREAK	31

JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy New Year! 	2 All Squad Practice 8th Period	3 All Squad Practice 8th Period – 5:30pm	4 All Squad Practice 8th Period – 5:30pm	5 All Squad Practice 8th Period – 5:30pm	6 JV Boys/9th Girls Basketball 5:00pm/7:30pm Varsity Basketball Girls 6:15pm Boys 7:30pm	7
8	9 All Squad Practice 8th Period	10 Competition Team 8th Period – 5:30pm	11 Competition Team 8th Period – 5:30pm	12 Competition Team 8th Period – 5:30pm	13 UIL STATE CHEER CHAMPIONCHIPS	14 UIL STATE CHEER CHAMPIONCHIPS
15	16 All Squad Practice 8th Period	17 All Squad Practice 8th Period – 5:30pm JV Boys/9th Girls Basketball 5:30pm/7:30pm Varsity Basketball Girls 6:15pm Boys 7:30pm	18 All Squad Practice 8th Period – 5:30pm	19 All Squad Practice 8th Period – 5:30pm	20 All Squad Practice 8th Period	21
22	23 All Squad Practice 8th Period	24 All Squad Practice 8th Period – 5:30pm	25 All Squad Practice 8th Period – 5:30pm	26 All Squad Practice 8th Period – 5:30pm	27 All Squad Practice 8th Period JV Boys/9th Girls Basketball 5:30pm/7:30pm Varsity Basketball Girls 6:15pm Boys 7:30pm	28 Middle School Night 

FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 All Squad Practice 8 th Period	31 All Squad Practice 8 th Period – 5:30pm <i>Happy Birthday Esenia!</i>	1 All Squad Practice 8 th Period – 5:30pm	2 All Squad Practice 8 th Period – 5:30pm	3 All Squad Practice 8 th Period JV Boys/9 th Girls Basketball 5:30pm/7:30pm Varsity Basketball Girls 6:15pm Boys 7:30pm <i>Girls Senior Night</i>	4
5	6 All Squad Practice 8 th Period	7 All Squad Practice 8 th Period – 5:30pm	8 All Squad Practice 8 th Period – 5:30pm	9 UCA NHSCC At Disney World	10 UCA NHSCC At Disney World	11 UCA NHSCC At Disney World
12 UCA NHSCC At Disney World	13 UCA NHSCC At Disney World	14	15	16	17	18
19	20	21 Cheer Tryout Parent Meeting 6:00pm	22	23 Gymnastics Boys Senior Night 6:00pm Gymnastics Girls Senior Night 6:30pm	24	25 2022-2023 Cheer Banquet (Tentative) <i>Happy Birthday Taylor!</i>

MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		28	1 Tryout Packets DUE by 4:30pm	2	3	4
5	6 Tryout Clinic 4:30pm-6:30pm	7 Tryout Clinic 4:30pm-6:30pm	8 Tryout Clinic 4:30pm-6:30pm	9 Mock Tryouts 4:30pm-6:30pm	10 Cheer Tryouts 4:30pm-8:30pm	11
12	13 SPRING BREAK	14 SPRING BREAK	15 SPRING BREAK <i>Happy Birthday Lakpa!</i>	16 SPRING BREAK	17 SPRING BREAK	18
19 <i>Happy Birthday Alaina!</i>	20	21	22	23	24	25
26	27	28 2023-2024 Cheer Made-It-Meeting	29	30	31	